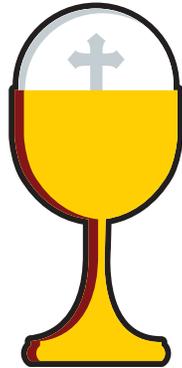


ALL ABOUT THE FEAST OF

Corpus Christi

What we celebrate

Corpus Christi is a feast day with the sole purpose of focusing on the Holy Eucharist.



When we celebrate

Officially the Thursday after Trinity Sunday. However, it's most often celebrated on the Sunday after Trinity Sunday.

Ways we celebrate

- A procession of the Eucharist around your parish.
- Eucharistic Adoration after Mass.
- Praying a traditional Catholic prayer called "Benediction of the Blessed Sacrament" at the end of Mass and singing songs about the Eucharist.
- If the Feast of Corpus Christi is a public holiday where you live, you may see a Eucharist procession (sometimes by candlelight) happening in the streets.

History

Saint Juliana of Liege (1193-1258), who had a great reverence for the Blessed Sacrament, began the cause for the feast day of Corpus Christi. This day would be apart from Holy Thursday when the Church focuses on not only the Eucharist but the washing of the feet, ordained priesthood, and Jesus in agony in the Garden of Gethsemane. Saint Juliana was motivated by a recurring vision of the Church as a full moon with one dark spot, which she interpreted as the absence of a specific reverence to the Holy Eucharist. In her later years, she gained the support of Jacques Pantaléon, at the time Archdeacon of Liège, and other Church leaders. Pantaléon was later elected Pope Urban IV and went on to establish the Feast of Corpus Christi.

Homework

Spend some time in prayer today asking for a greater ability to see the face of Christ in others. (If you're Catholic, spend that prayer time in front of the Blessed Sacrament of the Holy Eucharist). Then say a quick prayer for five random people that you pass throughout your day.